

# Peculiar

INTERNATIONAL

10th August, 2013.

A MAGAZINE FOR PEOPLE OF DISTINCTION

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### INSIDE:

"I AM A VICTIM OF DOMESTIC VIOLENCE"  
- ACTRESS CHIKA IKE OPENS UP

DANGOTE, ALAKUA, ELUMELU, OTHERS  
COME TOGETHER FOR FLOOD RELIEF CAMPAIGN

DR SID AND SIMI OSOMO GET  
ENGAGED





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# CONTENTS

10th August, 2013

**FASHION  
PLUS**

Exclusive Fashion  
Pictures  
Inside

- 5 HEALTH**  
Brain Rejuvenation
- 6 RELATIONSHIP**  
Strengthen Your Relationship
- 7 ENTERTAINMENT/NEWS**
- 18 BEAUTY**  
How to Treat Summer Skin Problems
- 19 CUISINE**  
Heirloom Tomato Tart
- 29 SPORT**
  - Guardiola: Victory will give Bayern confidence
  - Wenger intent on pursuing Suarez despite Liverpool's stance
  - Rooney thanks Hodgson for 'showing faith' after England call-up
  - Mike Idoko praises Stephen Keshi for building local players' capacity
- 13 TECH**
  - Casio's New G-shock Watches Pack Bluetooth, Music Remote Control
  - 'The Hobbit: An Unexpected Journey' Arrives On Netflix UK
  - Blackberry Z10 And Q10 Get The Green Light From The Department Of Defense
  - Gamestop Promo Upgrades Key Xbox 360 Games To Xbox One Equivalents For \$10
- 21 EVENTS**  
Nollywood Star Omotola Jalade-ekeinde Honoured By The Actor's Guild Of Nigeria

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# Brain Rejuvenation

By Helena G. Ederveen

The idea of brain transplants have long been the staple of pulp science fiction. Leaving aside for the moment the spiritual questions of the soul and the heart (i.e. emotions) there are two basic parts of our existence – the mind and the body.

Medical science has made huge strides in curing the body of disease and prolonging life. Soon we will reach the stage where the only cause of death will be age related degeneration of the muscle and tissue. And even here it may not be the end of the road – every year we find the transplanting of more and more organs becoming daily realities. And if that was not enough, artificial organs like man made heart pumps and eyes are going to be realities one day – no one disputes this any longer. So the body is protected and will keep increasing its life span – up to a point. A philosophical debate has already started about what happens when the body is more man made than natural – will we still be human. But let us leave that for the future.

For the present, as our life spans keep increasing, the problem is what do we do about our brains. The brain is the one organ that cannot be replaced either through a transplant or by a man made

organ. Okay, nothing is impossible with science but as of now its not even within the realms of possibility.

And anyway even if a brain could be transplanted, who, not what, is left after the transplant? The issue is that our brains are the essence of who we are – everything that makes you an individual with all your faults and greatness is encapsulated in the brain (no metaphysical arguments please!). If a new brain is put into your body, you are a different person. You, as you are today, will cease to exist and while what was once your body may continue to function, it will no longer be yours because it will be control by another brain which means the body belongs to another person.

What this means is that the only way we can think of prolonging our existence and keeping it worthwhile – in other words remaining who we are – is by finding ways of rejuvenating the brain. But the one organ that cannot be replaced is also the most complex one we have. The brain is made up of cells. How many cells is still a matter of debate. The number of neurons in the brain could be anything from 10 billion to 200 billion. And the number of neurological support cells could be anything from 5 to 100 times

the number of neurons. So the number of cells could be anything from half a trillion or more. And they are all aging all the time.

As the brain ages it loses its ability to regenerate its cells and to absorb new information. This is because as the brain ages, it loses its stem cell supply which the aging body cannot produce. That is why so much importance is being given to stem cell therapy as the answer to the problem of rejuvenating the brain. Rejuvenating the brain will require highly advanced systems of delivering gene therapy and also DNA reprogramming of all the aging brain cells to enable them to once again be able to repair themselves and return to the level of activity and the resulting mental ability they had when they were younger. Rejuvenating the brain is a strange and wonderful experiment. Will it work? As of now researchers has injected aged mice with human stem cells and have found evidence of neurological regeneration. It will take years and maybe a few generations before the technology is perfected to the state where it is safe for humans to use. But when that happens, the brain can be rejuvenated to carry on working as long as the body, with its transplants and man made organs.



# Strengthen Your Relationship



It's easy to guess the number one New Year's resolution of 2012—Lose Weight. Others in the top ten included Enjoy Life to the Fullest, Spend More Time with Family, Help Others in Their Dreams, and Fall in Love. What do these resolutions have in common? All have to do with relationships, often with your significant other.

Why not make a resolution to strengthen your relationship with your partner? Sit down with him or her and talk about what you'd like to accomplish in your life together. It's true that a hefty percentage of people don't actually realize their goals, but you have a better chance if you talk about concrete ways you might reach your goals with your partner. And when you work together, and are accountable to each other, your chances get even better.

You should come up with your own list of resolutions that are specific to your relationship, but here are a few ideas to get you and your partner thinking.

1) Let go of past hurts. The toughest one first. If your partner has breached your relationship in such a way that you feel resentment or bitterness, it's hard to let go of that anger. It's hard to forgive. Yet it is essential to truly dissolve any lingering hurt you may feel toward your partner so you may fully love again. A healthy relationship means neither of you can harbor a grudge. But since this is easier said than done, counseling may be the

answer. Resolve to make an appointment to help you remove obstacles to a happy relationship.

2) Hold your tongue. This is tough, too. Think before you speak. If you say something hurtful, you can never take it back. Once the words are out of your mouth, you can't stuff them back in. So resolve to communicate with care. There are so many opportunities to hurt your partner unintentionally—your words can be easily misinterpreted—that you should take care to avoid deliberate slights.

3) Walk in your partner's moccasins. Use your imagination—what does your partner think? How does s/he feel? Better yet, ask the questions directly to understand your partner's point of view. It will help you remain cognizant of how your actions impact your partner. After all, you are part of a couple, and your actions affect your significant other, so try to understand how, and behave accordingly.

4) Listen carefully. Even before all the electronic distractions we have today, it was easy to hear your partner without really listening. That familiar voice can be so deftly tuned out you don't even know you are doing it. Do more than make an effort to stop texting, IMing and e-mailing when your partner is talking to you. Try mindful listening. Try really understanding and repeating what your

think your partner means to ensure you do.

5) Be demonstratively grateful. Catch your partner doing good things and reinforce that behavior by showing your gratitude. "Thank you" is simple, and it works. "So thoughtful of you to fill the car with gas before my long drive." It never hurts to notice the nice things your partner does. "Thanks for making dinner," even if she does it every night. Or maybe especially if she does it every night. Notice even the smallest good things, and let the other small things that bug you go. Your partner will feel better, and you'll feel better too.

6) Refuse to fight. A friend's husband suggested to her, when they first became involved, that there is no need to fight. At all. "People," he said, "think you need to fight fair. Establish rules. Have a protocol. I think you don't need to fight at all. Let's agree not to fight." And they don't. They disagree, they sometimes don't speak for awhile, but they don't fight. They have learned to say how they feel without being accusatory or critical of their partner.

If you spend time working together on resolutions to strengthen your relationship, whether at home or with the help of a counselor, you'll already have made the first step toward achieving your goal.

## "I AM A VICTIM OF DOMESTIC VIOLENCE" - ACTRESS CHIKA IKE OPENS UP



Actress Chike Ike pens an open letter to her fans, opening up about the physical abuse she suffered in the hands of the man she called her husband for five years. Find her story below...

The past three years has been a very emotional period for me. I focused my energy on work and to build back my self esteem. its been really hard for me to come out straight and talk about this because sometimes I pinch myself to wake up and not believe that I was a victim of domestic violence. I've been through a lot in my life, faced a lot of challenges but this is one topic I've tried so hard to avoid and have been waiting for the right time but I have come to a resolve that there's really no right time because every second of the day,lives are being lost due to domestic violence. I was a victim of domestic violence in my marriage and that was the singular reason I left my marriage, aside other reasons.

Growing up as a girl. I was always known as the sweetest kid on the block, before I got married, I have been through some relationships and for once no man had ever laid a finger on me. The first time it happened in my marriage I didn't understand it because I am not the type of woman a man beats but I guess there are no types. It just happens and no woman deserves it. As a young girl I thought it was love or his way of expressing his emotions,after every beating he pleads , cries and says it won't happen again, once again I thought it was love and made excuses for him. Over the years when it kept happening consistently I started looking for other definitions for it. I started loosing my self pride,self esteem ,

self worth, and most painfully i lost a pregnancy (Miscarriage) I almost lost my life in the process then I realised how serious and abnormal it really was.

I have heard and read a lot of accusations from ignorant people who don't know my story,I guess that's why they are ignorant. I was 20yrs old and very naïve to the world when I got married .“They said I married for money“ LOL. I was married to a corporate guy,who had a 9\_5 job in a bank, Lives in a rented 2 bedroom apartment at Egbe.. So do the maths! . I married for love. I did a traditional wedding. A white wedding and a court wedding. So that's how much I wanted to be married forever. For five years I hoped, prayed & wished

that one day it will all change. But the last straw that broke the carmels back was during a heated argument he threw a glass jug to my face and I dogged it and it shattered on d wall. I saw death flash before me and I made a decision to save my life. I left my marriage.

Am not saying this to draw pity from anyone because we are entitled to our opinions and believes. I am not also saying this to discourage people from falling in love because its a beautiful feeling and I still believe in it. I am saying this to educate, share and talk about my experience as a victim of domestic violence because it is real.

## "I AM A VICTIM OF DOMESTIC VIOLENCE" - ACTRESS CHIKA IKE OPENS UP



Usher's ex-wife Tameka Raymond shares a first photo of her son Usher V since his near fatal pool accident. In case this is news to you, earlier this week Usher Raymond's five-year-old son, Usher Raymond V, nearly drowned in a pool accident after his arm got stuck in the pool drain

Usher yesterday released a statement to the media thanking the men who saved his son from drowning

Usher's statement to the media

"I would like to thank my Aunt Renaas well as the doctors and nurses who are working with us around the clock."

"I would especially like to thank the two men who saved my son's life, Eugene Stachurski and Ben Crews. They are true heroes and I am deeply grateful to them."

"I am blessed and fortunate to say that my son Usher V is doing well and is recovering. I am overwhelmed by the outpouring of prayers, love and support for my family's well-being."



## 2SHOTZ RESPONDS TO BEVERLY OSU'S CLAIMS OF BEING BATTERED BY AN EX-BF



Beverly Osu, who we will all agree kinda talks too much in the BBA House, claimed a few days back that she was battered to the extreme by an ex-rapper boyfriend and even pulled up her shirt to show a scar she got from one of his numerous beatings...to prove she wasn't lying about the abuse. (Women usually don't lie about being abused. If anything, they try to hide it).

She said one time while he was beating her she ran into the bathroom to escape him, but instead of leaving her alone, he broke down the bathroom door and continued beating her.

Beverly didn't mention names...she said rapper boyfriend...and some of us know she once dated 2shotz who is a rapper. She may have been referring to 2shotz or another rapper she dated...I really don't know but some blogs believed Beverly was referring to 2shotz and called him out.

## DON JAZZY PAYS CONDOLENCE VISIT TO GOVERNOR FASHOLA (PHOTOS)



The Mavin boss visited the Lagos State governor's office yesterday to commiserate with him on the death of his father.

## BEYONCE SHOWS OFF SUPER SHORT HAIRSTYLE



Beyoncé unveiled her new look on her instagram page yesterday. She's ditched her trademark long weaves for an edgy short pixie crop.

Did she cut her hair because of the accident she had in late July when her long hair got stuck in an electric fan as she performed "Halo" on stage in Montreal?

## DR SID AND SIMI OSOMO GET ENGAGED



The Mavin artist proposed to his fashionista girlfriend Simi Osomo yesterday in Venice, Italy. Mehn check out the ring on Simi's finger. Big congrats to them.

## SEXUAL HARRASSMENT IN WORKPLACE: IT HAPPENED TO ME - CHIKA ODUAH



Chika Oduah, a journalist based in Abuja, shares an account of her sexual harassment in her former workplace. Find it below.

I got a job in New York City a few years ago. I was new to the American North; I still reeked of the South. Pillsbury biscuits, Georgian peaches and Jiffy cornbread with a dollop of Daisy. Chick-Fil-A, Bojangles' and Piggly Wiggly. I was a Southern American, in

many ways. Cheerful, trusting, polite, Bible-wielding, slow-talkin', Southern. South of the Potomac, East of the Mississippi. Paisley print blouses, plastic sunflowers hot glued on Payless Shoes open-toe rubber sandals. But I was all right, I guess. Perhaps a bit wide-eyed, gap-tooth grinning, but I was all right.

Confiding in others about incidents of workplace harassment and intimidation often backfires. Some employees get terminated. Others stay in those toxic

work environments after they are made to doubt their own perceptions.

Relax, calm down, maybe it's your imagination, it's no big deal, maybe you're just stressed out, well you know you're very pretty, he didn't mean it that way, dress more conservatively, forget about it, maybe you led him on, well... ignore it, just pray about it, you can be very emotional, you're being dramatic, um... stop working late hours in the office, say no next time, these things happen, you're overreacting, are you sure?

## MOB BEAT POLICEMAN TO DEATH FOR KILLING TRADER



Culled from Punchng.com

The Lagos State Police Command has commenced investigations into the killing of a police corporal, Ado Ayuba, who was lynched by some hoodlums in Suru Alaba area of the state. (Above pic: not the police officer killed)

According to the police, the victim was beaten to death by an irate mob for allegedly killing a trader, Mustapha Mohammed, on July 30, 2013.

PUNCH Metro learnt that Ayuba and another policeman were deployed to the scene to chase away traders who had illegally taken over a portion of the Lagos-Badagry Expressway.

It was learnt that trading activities by the traders usually caused gridlock in the to relevant authorities about the inconveniences caused by the traders. It

was said that a construction company working on the road had also made area. It was also learnt that some residents and motorists had complained appeal to the

government to check the traders.

A senior policeman, who spoke to our correspondent on the condition of



anonymity, said, “Ayuba and the policeman were posted to the area to chase away traders who had taken over that portion of the road. The road is under construction by Chinese Construction Engineering Company and the company had complained that its makeshift construction site was being hijacked by traders.

“On the day of the incident, Ayuba and another policeman were dispersing the traders when things went wrong.

“We were told that the traders overpowered the policemen and in an attempt to protect himself and his

colleague, Ayuba opened fire into the crowd and killed a trader (Mohammed).

“Ayuba’s colleague immediately fled, leaving him alone with the hoodlums. The hoodlums seized Ayuba’s gun from him, picked up stones and sticks and beat him up without mercy.

“Some soldiers arrived at the scene and attempted to rescue the policeman. But the soldiers were greatly outnumbered by the uncontrollable mob, which overpowered them and chased them away.”

Our correspondent learnt that by the time

the police back-up arrived and managed to disperse the mob, Ayuba was unconscious from the beatings he had received.

The policemen were said to have rushed Ayuba and Mohammed to the hospital where they were confirmed dead.

Lagos State Police Public Relations Officer, Ngozi Braide, told our correspondent that the matter had been transferred to the State Criminal Investigation Department, Yaba.

She said, “The matter is under investigation at the SCID. Investigations will reveal what happened.”

## HOODLUMS CUT OFF YOUTH CORPER'S HAND IN VICIOUS ATTACK



An article written by Charles Oputa, aka Charly Boy, aka Areafada...:-). Enjoy...

The first 20yrs of my life, I seriously had this dream of being a priest. I was overfed with an overdose of religion which has always been a very serious business in my family. You dare not be late for morning mass or else you get the whipping of your life, yes my father was that strict, no nonsense when it came to going to church or anything spiritual. That’s where I’m coming

from, we were a family that prayed together and were very staunch Catholics for that matter.

When I turned 16 I became an altar boy, at that time that was the coolest thing to be,

considering years of going to bible classes and regular confessions. Eight months into the spiritual things as an altar boy, I made a big goof; I drank the priests wine and ate a bunch of Holy Communion

enough to fill me up. I figured I could be more spiritual by that action, but I got expelled as an altar boy, needless to say how scandalized and angry my father was then, OMG.

## BOY, 13, SHOOTS DEAD HIS FAMILY, SPENDS HIS DAY IN SCHOOL, THEN KILLS HIMSELF



A 13-year-old boy killed his police officer parents as well as his grandmother and great-aunt before spending a full day at school and then taking his own life.

Police believe Marcelo Pesseghini shot each victim in the head with a .40 caliber pistol early Monday morning at the home in Sao Paulo, Brazil, before catching a lift into school with a friend.

The father, Luiz Pesseghini, 40, a police sergeant with 19 years service was found in bed. The mother, Andreia Pesseghini, 30, who had served in the military police for 16 years was found on her knees in the bedroom. (Marcelo and his parents pictured above)

The grandmother, Benedita de Oliveira Bovo, 65, and great-aunt Bernadete Oliveira da Silva, 55, who lived in a different section of the house were both killed in bed. The teenager was found dead from a gunshot to the left temple and his father's police-issue service revolver was found nearby.

A second gun, a .32 caliber revolver, was found inside the backpack the teenager took to school.

The teenager appears to have been inspired by the infamous Amityville killings of 1974 when a man killed his parents, two brothers and two sisters at their home in Amityville, Long Island, New York. All were found dead in their beds.

On December, 9, 2012, Pesseghini posted a famous picture linked to the Amityville case on his Facebook page.

CCTV footage taken from a security

camera close to the property in the Brasilândia district in the northern part of São Paulo appears to show him casually walking back home after school.

'Everything seems to indicate that Marcelo (Pesseghini) killed his parents and relatives,' Itagiba Franco, of the Sao Paulo Civilian Police's homicide department, told a press conference.

Franco said Pesseghini had told a friend he wanted to kill his parents and become a hitman.

'He always told me he wanted to become a hired killer. He had a plan to kill his parents during the night, so that no one would notice and escape in the parents' car and live in an abandoned place,' police quoted the unidentified friend as saying.

Sao Paulo police commander Benedito Roberto Meira said there was no sign that someone had broken into the house and ruled out 'an act of revenge by a criminal group' against the teenager's father and mother.

Worryingly the teenager appears to have been inspired by the infamous Amityville killings with the crimes bearing chilling similarities to the 1974 murders.

In the early hours of November 13, 1974, Ronald DeFeo Jr killed his parents- Ronald and Louise and four siblings. All were found dead in their beds.

The Amityville killings later sparked rumours of the supernatural after it was claimed that the house where they took place was haunted.

A famous picture known as the Amityville Ghost Boy which emerged in 1976 purports to show the ghost of the youngest victim of the massacre.

In December last year Marcelo Pesseghini posted the Ghost Boy picture, on his Facebook page.

Culled from UK Daily Mail.

## PRESIDENT JONATHAN DEMANDS RETRACTION OF DEMEANING REPORT



This is a State House press release

The mischievous lead report in the Peoples Daily newspaper today that President Goodluck Jonathan sought to visit former President Ibrahim Babangida in Minna to show him "the spirit of comradeship" during Ramadan is completely untrue.

Although President Jonathan participates in the Ramadan fast every year in solidarity with Nigerians of the Islamic faith, he has never as Vice President or President of the country visited the residence of any individual to break his fast.

Rather, it has been the President's custom to regularly invite Moslems from all strata of society to break their fast with him at the Presidential Villa during the month of Ramadan.

In keeping with that established practice, President Jonathan has been busy hosting Moslems, most evenings of the current Ramadan season.

As much as he respects and holds former President Babangida in high regard,

President Jonathan has never indicated any interest in visiting him at Minna during the current Ramadan.

Therefore, there could not have been any "turning down" of a visit by President Jonathan by the former president.

We condemn the decision of the editors of the Peoples Daily to publish such arrant falsehood in spite of our vigorous rebuttal as a further manifestation of a continuing effort to sow the seeds of discord in the polity.

Although the newspaper cites a phantom "reliable presidency source" and "a source close to the former president" to buttress its fictitious report, the editors of Peoples Daily know fully well that they can never prove the veracity of the false claim that

President Jonathan either offered to break fast with General Babangida in Minna or was turned down by the former president. We therefore demand a full retraction of the totally false report which demeans the Office of the President of the Federal

Republic of Nigeria and an apology by the newspaper.

Reuben Abati

Special Adviser to the President  
(Media & Publicity)

August 6, 2013

## THIEVES ARE NOW ATTACKING WOMEN WITH LONG HAIR IN VENEZUELA..LOL



Na Naija weave sellers dey send them? Lol. #kidding o. According to this funny and weird report, having long hair can make you a target for criminals in the Venezuelan coastal city of Maracaibo.

These criminals are targeting young women who have long hair with scissors, and before you know what's happening, your hair is gone.

A Maracaibo resident Egmar Villarreal (pictured above left) explains:

"You have to see it to believe it. We're not going to be able to have long hair

anymore. As a woman, this is something traumatic. It's happening downtown, at the beach or at the mall, where you find a lot of young women. The thieves grab them by the hair, pull out some scissors and cut their hair. Then they sell it at beauty or hair salons."

Another resident Mariana Rodriguez told Globovision that she was walking through a popular mall when she saw two women

coming toward her.

"I thought they were going to steal my cell phone, because I had it in my hand at the time, but they took out scissors," she said. "They did not give me a chance to think or to run or anything. And when I looked, I no longer had any hair. More than 8 inches gone."

Maracaibo Mayor Eveling de Rosales told reporters that police were stepping up

security to stop the attackers.

"As part of our operation of citizen security, we are giving them a forceful response, posting men and women to keep watch and stop this from continuing to happen," she said.

Synthetic hair in the country costs anywhere from \$40 to \$160, depending on its quality. But natural hair can cost more than \$500.

## DANGOTE, ALAKIJA, ELUMELU, OTHERS COME TOGETHER FOR FLOOD RELIEF CAMPAIGN



Great news people! Some of Nigeria's richest people have together to help flood victims in the country. A committee which includes billionaires Alhaji Aliko Dangote as the chairman, Mrs Folorunsho Alakija as co-chairman, Tony Elumelu and other philanthropist has been formed and they have so far raised over N7billion for victims of the flood. Now they are asking other Nigerians to join them to rebuild the flood devastated areas. A lot of people affected are still homeless.

Based on this they are about to launch a Flood Relief Campaign with the 30 biggest Nigerian celebrities from each sector; Nollywood, Music, Arts, Radio,

CEO's etc

The smashing campaign is being shot currently and will be launched soon and is expected to get Nigerians to text in to

donate. Please join the cause. Let's help rebuild the affected areas.



## GAMESTOP PROMO UPGRADES KEY XBOX 360 GAMES TO XBOX ONE EQUIVALENTS FOR \$10

By Jon Fingas



Let's say that you decline an Xbox One pre-order, buy the Xbox 360 version of a big game this fall and promptly regret that you haven't gone next-gen. Are you hosed? Not necessarily: GameStop is launching a promo that will let you upgrade to an Xbox One edition of a game for \$10 or less. Provided you're a PowerUp Rewards member, GameStop will offer at least \$50 in credit if you trade in an Xbox 360 copy of Assassin's Creed 4, Battlefield 4, Call of Duty: Ghosts, FIFA 14 or Madden 25 and buy its Xbox One equivalent at \$60. There are additional catches, of course. You'll have to buy a given Xbox 360 title within 30 days of its launch, and you'll have to use the credit before the end of the year. Even so, the promo could minimize buyer's remorse --

and save some Xbox One buyers from waiting until November to play the titles they want.

## INWATCH ONE SMARTWATCH HAS GSM CONNECTIVITY AND A HEAVILY SKINNED VERSION OF ANDROID

By Michael Gorman

From Kickstarter projects to rumored devices from the biggest gadget manufacturers on earth, smartwatches of all kinds are popping up all over the world. The latest such wearable was unearthed by our good friends at Engadget Chinese, and is called inWatch One. It sets itself apart from other smartwatches with a custom version of Android 4.0 and a GSM SIM card slot to give your wrist access to mobile voice and data networks. inWatch has a 1.54-inch 240 x 240 capacitive display, a dual-core 1.2GHz CPU of unknown origin, a 2-megapixel camera and a 500mAh battery. Connectivity comes courtesy of the aforementioned GSM (likely for China-friendly 900/1800/2100 MHz bands), WiFi, Bluetooth and GPS radios. As for that custom Android build, dubbed inDroid, it's been tailored to fit the watch's smaller screen and works with some of China's most popular apps; WeChat, Sina Weibo, QQ and Baidu music are all supported. Interested? It's available now on the company's website for RMB 1,788 (about \$293 US).



## CASIO'S NEW G-SHOCK WATCHES PACK BLUETOOTH, MUSIC REMOTE CONTROL

By Myriam Joire

Newcomers like Pebble might be the current darlings when it comes to connected watches, but it doesn't mean that established players are standing

still. Back at CES, Casio showed a G-Shock watch with Bluetooth (GB-5600A) capable of receiving calls and text-message notifications (with sound and



vibration), plus automatic time updates from an iPhone. Today the company announced a pair of G-Shock watches (GB-6900B / GB-X6900B) with Bluetooth 4.0 LE that extend the existing functionality to select Android handsets. In addition, both watches feature music remote control (via AVRCP, presumably) and the ability to set alarms and timers from Casio's companion smartphone app. Battery life is a pretty impressive two years (with 12 hours of Bluetooth use per day) on a single CR2032 battery. The GB-6900B and GB-X6900B will be released in Japan on September 21st for 18,000 yen (roughly \$187) and 20,000 yen (roughly \$208) respectively. All that's needed now is a retro-looking Databank or calculator watch with Bluetooth, right, Casio?

## 'THE HOBBIT: AN UNEXPECTED JOURNEY' ARRIVES ON NETFLIX UK

By Melissa Grey



Netflix users in the UK needn't look to misty mountains old in order to get their Tolkien fix. Starting today, Peter Jackson's The Hobbit: An Unexpected Journey is available for your viewing pleasure, marking a victory for the site over its competition. Sky Movies has consistently bested Netflix when it comes to acquiring movies before anyone else, but The Hobbit was one battle it lost. The film's sequel, The Hobbit: The Desolation of Smaug, is set for a December release, so this just might be enough to tide you over until then. Just make sure your viewing party is a dragon free zone. We hear they make for terrible houseguests.

## BENQ SHIPS W1500 PROJECTOR WITH WIRELESS 3D

By Jon Fingas



When projectors are a dime a dozen, they have to do something truly special to stand out. BenQ's newly available W1500 might just pull that off: how does high-quality wireless video sound? The DLP unit is billed as the first projector to offer WHDI over 5GHz frequencies, letting it stream 1080p 3D movies at quality that's reportedly on par with an HDMI signal. The company isn't leaning solely on this trick to lure us in, mind you. The W1500 integrates with mobile devices, courts gamers through 3DTV Play support and throws an 84-inch picture from as close as six feet away. Such convenience is expensive at \$2,299, but it could be a viable alternative to stringing video cables around the den.

## BLACKBERRY Z10 AND Q10 GET THE GREEN LIGHT FROM THE DEPARTMENT OF DEFENSE

By Brian Heater

Some good news for the phone makers in Waterloo: the US Defense Information System Agency is OK-ing BlackBerry's first two BB10 handsets for use on Department of Defense networks, confirming that the phones have all the necessary security measures in place. With the governmental go-ahead, the DISA's building out an infrastructure to support 10,000 Q10 and Z10 handsets by fall -- a number expected to triple by year's end. More info on the approval after the break, including some understated gloating from BlackBerry.





# Gbemi

Sleek Expression Of  
The Beat FM

**W**ith over eight years of experience in radio, Gbemi Olateru-Olagbegi has endeared herself to the hearts of Nigerians with her shows on both Cool FM where she started and now, Beat FM. With her 'say it as it is' personal, she has fans tuning in to say their most honest of thoughts on air.

programming for the Beat FM's sister station, Naija FM, Gbemi has managed to climb up the ladder to be the one calling the shots. Having studied Communication at Oakland University, Rochester, Michigan, Gbemi returned to Nigeria in 2004 to find good fortune in an industry that seemed it was just waiting for her.

Gbemi is still in the process of producing her own talk show and decided to speak to BN in a tell-all interview about what to expect from her as well as sharing her opinion on some very interesting topics.

"To get into radio, you do not need a foreign accent"

Now, also in charge of With a passion for TV as well,



### How did you get into radio?

I would say that it's almost by accident. I returned to Nigeria at the end of 2004 right after my graduation from university in the United States. When I got back, I started serving at NTA, Victoria Island and I noticed that my work hours wouldn't start until after noon. So, I felt I should get a part-time job at maybe a radio station just to see how it is because what I really wanted to do after school was to become a news anchor on TV. I thought that people who used to read the news were just so cool.

After sending a letter, CV and everything, I got a call. I was basically to assist in editing the news at Cool FM. You know before the news is read, it has to be collated, compressed and edited; so that was what I was doing for some weeks. I was basically an intern and I would work from about 6.00am till noon.

One morning, I walked into the Cool FM studio to hand over the news to Dan Foster. I introduced myself, asked him a few questions and we started gisting. When it was time for his show to start, he goes "Don't go anywhere, sit here; here are headphones. Let's go on air". And, that was it!

The next day, I went to my news desk to continue writing and he came to look for me. From then on, I started doing the morning show with Dan Foster. I was his co-anchor for about a year until I got my own show. And, I've been doing radio ever since so that's about eight years in the business now.

### How did you go from being Dan's co-anchor to gaining a big enough fan base to host your own show?

I don't know. I think it just happened. I came onto the radio as Gbemi, myself. I'm very sarcastic and blunt so I would just say what I felt. It wasn't to be mean or anything. It was just – look! Let's be real. This is what it is; and I think people like that. At that point in time, a lot of people were returning to Nigeria with loads of accents and I was just like – 'Hey! I grew up here. I was born here. I cannot go to yankee for five years and just come back and be like yerrr sirrr' (laughs). I mean, there are some inflections here and there but it is what it is.

### Most people who get big doing radio usually make a swift transition to television. Have you dabbled in TV or have any plans to?

I have actually done some TV. I did the 'win your dream' promo with Celtel back in 2007. I've done a few TV projects here and there albeit more of freelance. I'm working right now on my own television show. It's a talk show titled 'Gbemi' where we'll be discussing everything that affects us as human beings – human interest stories, entertainment, everything. It's not just going to be me seated with a celebrity every week. There are serious stories I think we can talk about and explore and that's what I'm looking to do. I've always wanted to do the TV Thing. I greatly admire Oprah, Funmi Iyanda, Adesuwa Onyenokwe and MoAbudu.

### What's going to make your show stand out from all the other talk shows out there?

I think that, first of all, we all need to accept that there is no topic that has not been discussed before. Every topic you can think of has been discussed, one way or other, both locally and internationally.

What I'm bringing to the table is how I tackle these issues and topics. I can't go into too much detail but I'm sure if you search online, there's a photo of me with a bald head and you'll find out why very soon. It's just a sneak peek of what I was tackling that episode. I'm going to be very involved and go a little deeper, scratch beneath the surface.

### Not many celebrities have been in the entertainment industry for this long and have remained somewhat scandal free. How have you achieved this?

I called Olivia Pope to save me from scandal. I'm joking. I think it's because I'm very into my work. I'm what they call a workaholic. Even when I'm on vacation, I'm thinking about what work to do. So, there's really been very little time for scandal. It doesn't mean I'm not a human being or that I haven't done some things wrong. I'm just more focused on my work, I guess.

I was once labelled as the most anti-social OAP because you would only see me at work functions and I never used to come out for anything. The only time artists would see me was if I was interviewing them in the studio. You would never catch me at events. But, around 2009, I decided to start coming out a little bit more. I'm working on it. I'm trying to be a little more sociable but at the same time, I'm not trying to be in your face all the time. I believe in making your work talk for you.

### Talking about the impression a lot of people have of you as anti-social, words mused like 'rude' or 'mean' tend to spring up in conversations, how does that make you feel?

I'm a (laughs). I've heard a lot of people say to me – "Oh! You're actually cool oh. I

had the impression you'll be this mean b\*\*\*\*" because you don't really smile and sound very straight-arrow." But, at the end of the day, I'm just me; maybe I'm not as friendly as people want me to be. I don't make friends like that. I kind of have to study you first before I welcome you to my 'inner circle'.

I'm just very work-oriented so I cut out all the small talk in between. I don't open up to people just like that. I think it's also because I don't like the 'fakeness'. Let's be honest, Lagos is full of fake people with fake lifestyles and I really don't have time for that. I am just Gbemi, simple and short; trying to hustle, trying to make it.

**Are you in a relationship right now?**  
With Jesus Christ.

**Do you think this perception has pursued potential suitors?**

I think any suitor that doesn't make a move based on what he has heard really doesn't deserve the prize in the first place. If you really want someone or something, you wouldn't just rely on hearsay. I think you would try to get to know the person and find out for yourself.

**Do you regularly get propositioned by artists?**

Of course. I can't even begin to mention names but of course. Some seem very genuine and I briefly consider but nah! I'm very terrified of getting involved with anybody in the industry, especially artists. Hypothetically, I date Artist A and it doesn't work out and then move on to Artist B and it doesn't work out; before you know it, people will start to collate everyone that you've been with and you certainly don't want to be industry p\*\*\*\*.

**How do you feel about marriage?**

I think that our society is very obsessed with marriage. It's funny because I was reading Chimamanda's book "Americanah" and no spoilers, but marriage is one of the first three questions anybody would ask you about. I have no problem with marriage. I just think that people need to relax and take their time because this thing is for life. A lot of people just think about the big ceremony, getting their parents off their back and not wanting to be the single one in their thirties.

**Back to artists, have you ever been paid to play an artist's song on your station?**

Payola is illegal. I think when you do that you put yourself in a compromising position because it reflects on your playlist. You start to play songs not worthy of airplay because you owe somebody something. No, I don't do that.

**When it comes to you on the red carpet or at events, there are always a lot of mixed comments regarding your style. How would you describe your style and how do you handle the criticism?**

I'm not going to pretend I'm some fashionista and say that my style is eclectic this and that and that. I just want to be comfortable and look nice. In terms of style, I don't think anyone has had hits all their lives. I think even the most stylish and popular people have had misses. I look at some photos and I'm looking good in dresses I thought I didn't like and vice versa. It happens. You can't look 100% all the time.

There's nothing wrong with being criticized if it's constructive criticism; like looking at someone's picture and you go, "I think she should have worn different shoes with that outfit" as

opposed to "what kind of ugly shoe is that?" I think people are rather aggressive when it comes to comments on websites and blogs. I call them 'keyboard warriors' and half the time, these keyboard warriors have nothing going for them so why bother about who is saying what behind this anonymous persona. At the end of the day, they don't affect my bank account so God bless you all (laughs).

**Some people are of the belief that on-air personalities are really not celebrities. Can you shine some of your perspective on this assertion?**

I think it's left to people to decide for themselves who is a celebrity. People are always going to argue with you if Kim Kardashian is a 'worthy' celebrity. There are different types of celebrities. Back in the day, you had to be an artist, an actor or actress to be a celebrity but things are changing. I'm really not bothered about that because I didn't get into this business because I wanted to be popular. I got into the business because of what I like and what interests me and what makes me happy. Let me give you an example. Let's look at a bigger market, the US, for example.

**In that case, would you say that the OAPs who become 'celebrities' are the ones who have worked the hardest?**

Absolutely not! I think that right now people (the audience) recognize only what they get to see. You don't necessarily know what is going on in the studio. Because you hear me for four or five hours a day, you don't know what I've done for the rest of the twenty four hours of the day. A lot of people assume that I just roll out of my bed at two o'clock because my show is at four and saunter into the studio, talk, play music and go home. If you do that in this industry, you will starve. I do a lot more.



# How to Treat Summer Skin Problems

By Aviva Patz



**F**ew things are more maddening than an itch. And summer is prime time for all kinds of creepy-crawly sensations, often accompanied by mysterious lumps, bumps, cracking, crusting, swelling, and oozing (delightful!).

"Most itching has an obvious cause, such as bug bites or dry skin," says Ronald Brancaccio, MD, director of the Skin Institute of New York and clinical professor of dermatology at New York University School of Medicine. "But sometimes an itch or the rash that goes with it can be hard to figure out, even if it has a straightforward cause like an allergic reaction."

## Heat rash

Hot, humid weather brings on this rash, in which clogged sweat ducts trap perspiration under the skin. It shows up as tiny, itchy bumps or blisters, most often in skin folds or places where clothes cause friction.

**Treat it:** Heat rash usually goes away on its own after a few days. Wear lightweight, breathable fabrics to allow sweat to evaporate, and avoid heavy creams or ointments that might block sweat ducts.

See your MD ... if the rash lasts for more than three to four days, gets worse, or if you have signs of infection, such as fever or increased pain, swelling, or redness.

## Poison ivy

Technically, it's not poisonous. But an estimated 85% of people are allergic to the urushiol oil in poison ivy, poison oak, and poison sumac. Brushing up against one of these creepers can result in red raised patches, often with blisters, swelling, warmth, and, of course, itching; the reaction usually appears 12 to 72 hours after exposure.

## Poison ivy: Treat it

Your first line of defense: Wash right away with soap and water to remove the irritating oils. (Also wash clothes, shoes, even pets—anything that could have come in contact with the plants or their oils.) Topical OTC corticosteroids (like hydrocortisone) can reduce swelling and help skin heal faster. Relieve itchiness with cold compresses, calamine lotion, and/or an oral antihistamine.

See your MD ... if you have a severe reaction or if the rash covers more than 10 to 20% of your body. Also see your doc if the rash doesn't clear up after two to three weeks, gets worse, or seems to keep recurring; you could be allergic to

something else in your environment.

## Yeast infection

You already know that warm, moist conditions can contribute to a vaginal yeast infection, caused by an overgrowth of a fungus called *Candida albicans*. It can also develop when the acidic balance in the vagina shifts, such as after you've taken antibiotics or steroids, during pregnancy and menstruation, and when taking birth control pills.

## Athlete's foot

The name conjures up grimy locker rooms, but you can get athlete's foot even if you'd never dream of strolling around barefoot at the gym. This fungal infection can take hold if your feet get sweaty in closed-toe shoes, if you have a minor skin or nail injury, or even if you get a pedicure with poorly sterilized tools. Its calling card: cracked, flaking, peeling skin between the toes, along with oozing and crusting blisters.

**Treat it:** Apply OTC antifungal creams (Lamisil, Lotrimin) as directed until the condition clears.

See your MD ... if it turns into a nail infection, or if symptoms persist for a few weeks. Your MD can prescribe an antifungal cream or pill.



## HEIRLOOM TOMATO TART

For the Sundried Tomato Pesto Sauce:

(This will actually make enough sauce for two tarts. Either double the Tart ingredients below, or reserve the extra sauce for topping on toast, eggs, or pasta. It's delicious.)

1-8 ounce jar sundried tomatoes, some of the oil reserved

2 cloves garlic, peeled 1 small red chili, seeds remove and coarsely chopped big pinch of granulated sugar, 1 scant teaspoon salt 3 to 4 tablespoons olive oil from the sundried tomato jar

For the Tart: 1 9×9-inch sheet all-butter puff pastry, thawed but still cold small handful fresh basil leaves

4 ounces goat cheese

3 small heirloom tomatoes, sliced about

1/4-inch thick and drained on paper towels handful of cherry tomatoes, sliced in half and seeds removed

1 tablespoon fresh thyme leaves olive oil

To make the Sundried Tomato Pesto Sauce, combine sundried tomatoes, garlic cloves, chopped chili, sugar, salt, and oil in the bowl of a food processor. Blend until combined, but still slightly coarse. The mixture does not need to be completely smooth. Taste and season as needed.

Place a rack in the upper third of the oven and preheat oven to 400 degrees F. Line a baking sheet with parchment paper and set aside.

Unfold a chilled sheet of puff pastry. Roll lightly with a rolling pin just to flatten

completely. Place on the prepared baking sheet and spread about half of the pesto sauce over the puff pastry, leaving about a 1/2-inch border around the edges. Coarsely tear basil leaves over the sauce. Crumble goat cheese over the sauce. Arrange heirloom tomatoes in a single layer over the goat cheese and press down slightly. Try to cover as much of the sauce as possible as it can burn in the oven if exposed. Add a few cherry tomato halves. Sprinkle generously with fresh thyme and drizzle with olive oil.

Bake for 15 to 18 minutes until puffed and golden brown. Remove from the oven and allow to rest for at least 10 minutes before serving.



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### MIKE IDOKO PRAISES STEPHEN KESHI FOR BUILDING LOCAL PLAYERS' CAPACITY

The Executive director of the Ondo State Football Agency has heaped praises on the Super Eagles chief coach for giving domestic league players a sense of belonging

Coach Stephen Keshi has been commended for giving players in the Nigeria Premier League opportunity to fight for a place in the senior national team.

Since Keshi's ascent to the managerial position of the national team, players like Godfrey Oboabona of Sunshine Stars and Enugu Rangers' Sunday Mba, who was recently named into the prestigious Goal 50, have become a key part of the Super Eagles.

Speaking with Goal, Ondo State Football Agency executive director, Mike Idoko

believes Keshi's success story with the Super Eagles can be hinged on the fact he never overlooked the local-based stars stating that it takes a lot of confidence for a national team handler to take such a risk.

"I must commend Stephen Keshi for being fearless. He took a risk former managers, even the foreign ones, couldn't take. I think he must have borrowed a leaf from [Clemens] Westerhof because he took time before building the USA '94 team which we

have not been able to assemble up till now. The NFF also must be commended too because if they had not given him the chance, Keshi wouldn't have been successful," said Idoko.

"All our boys now go to the Super Eagles to fight for a place because it is glaring that they are no longer training materials like they were in the past where the foreign-based were picked ahead of them. At the Africa Cup of Nations, he took along six players which has not happened before," he added.

The football administrator, however, warned him not to be carried away by the home-based performances stating he must select players that will stand the test of time.

"If this trend continues, the league will experience rapid growth but the coach should be careful on his choice of local based talents. He must look at their age and ask himself if those players can play for a long period of time," concluded Idoko.

Anfield owner John W Henry has insisted the Uruguayan will not be sold this summer, although the Arsenal boss is hopeful a move could still be completed

Arsene Wenger maintains Arsenal will continue their "amicable" pursuit of Luis Suarez despite Liverpool's insistence that the striker will not be sold this summer.

Liverpool owner John W Henry claimed on Thursday that his side would not sanction the Uruguayan international's move to the Emirates Stadium, regardless of the bid from the north London club.

Wenger, who said on Wednesday that a move for Suarez is on "standby", has reiterated that the club will be honourable in their bid for the 26-year-old but claims a change of heart from Liverpool could allow the deal to be completed.

"There is nothing to add to what I said

already about the transfer of Suarez," it will be done, it will be done in a respectful and amicable way with Wenger told the club's official website. "If



### WENGER INTENT ON PURSUING SUAREZ DESPITE LIVERPOOL'S STANCE

Liverpool.

"I didn't read [Liverpool owner John W Henry's] statements but we'll be faithful to the way we want to behave.

"To make a transfer happen, you need the agreement of three parties - the buyer, the seller and the player.

"We know what we want to do. The player, if I look at the statements [does] as well. Liverpool at the moment do not agree.

The striker has been ruled out of Manchester United's pre-season fixtures due to injuries, but is set to feature against Scotland at Wembley

Manchester United striker Wayne Rooney has thanked Roy Hodgson for "showing his faith" after his inclusion in England's squad to face Scotland.

The 27-year-old has been ordered to train away from United's first team as he continues to force through a summer move to Chelsea.

Rooney, who was absent from Rio Ferdinand's testimonial on Friday, has not featured in a match since England's 2-2 with Brazil on June 2.

The striker is unlikely to take part in United's Community Shield fixture against Wigan Athletic at Wembley on Sunday due to a shoulder injury, but he is available for selection for the clash against Scotland three days later.

"Can't wait to join up with the England squad and hopefully play in a competitive match, they always are against Scotland," Rooney posted his Facebook page.

"Big thanks to Roy Hodgson for selecting me and showing his faith and support, appreciate it."



**GUARDIOLA: VICTORY WILL GIVE BAYERN CONFIDENCE**

against Monchengladbach.

"We had no control over the match in the first 15 minutes of the second half.

"We're satisfied with this first victory, but we need a couple more wins to build up our confidence."

The Bavarians next face a trip to Eintracht Frankfurt on August 17, looking to build on the opening day victory at the Allianz Arena.

If they change their minds or not, I don't know. We'll respect that.

"We are looking at possibilities to strengthen our squad. Suarez is one of the targets. If he's not for sale, he's not for sale. We have to accept that.

"Every club has its own way of dealing with things, we have our way and we respect all the other clubs."



**ROONEY THANKS HODGSON FOR 'SHOWING FAITH' AFTER ENGLAND CALL-UP**

The 42-year-old is happy to have his first Bundesliga win under his belt, but knows there is work to be done moving forward

Pep Guardiola is pleased with Bayern Munich's 3-1 win over Borussia Monchengladbach and hopes it will inspire confidence in the new Bundesliga season.

The opening day win comes nearly two weeks after they suffered a 4-2 defeat at the hands of Borussia Dortmund in the DFL-Supercup, despite enjoying a dominant pre-season in the rest of their matches.

The Spaniard believes they have some work to do before they can get back into their groove but predicted that improved performances will come with competitive game time.

"We knew it would be a tough match," he told reporters. "It's always hard work



## NOLLYWOOD STAR OMOTOLA JALADE-EKEINDE HONOURED BY THE ACTOR'S GUILD OF NIGERIA

On Sunday eve, the Actor's Guild of Nigeria honoured Nollywood star Omotola Jalade-Ekeinde at the Oriental Hotel, Lagos, for being enlisted in Time Magazine as one of the most influential people in the world.

For the event, Omosexy rocked a custom black-and-green dress by Kinabuti. She styled the outfit which features a ruffled neck detail and thigh high slit, with black pearl earrings, a black Rolex watch and Kurt Geiger black sandals.

She completed the look with a bun, smoky eyes and nude lipstick. But her most stylish accessory was her hubby Captain Matthew Ekeinde who looked dapper in a black dinner suit.

Rita Dominic, Segun Arinze, Ini Edo, Monalisa Chinda, Timi Dakolo, Chidi Mokeme, Kelechi Amadi-Obi and the AGN President Ibinabo Fiberesima were some of the celebrities present at the event.





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